

# Friends on the Path:

Sunday 20th September 2026

A day of mindful hiking along the Water of Leith  
~ Leave the city behind ~



Dean Village to Colinton (approx. 6.5 miles)

**Start:** Outside St Marks Unitarian Church on Castle Terrace (our usual Thursday evening venue) at 10am Sunday 20th September.

We will walk in togetherness as a community - sharing Noble Silence. Breaks and lunch will not be in silence - please bring water and snacks to sustain yourself through the day. We'll stop for lunch at Saughton Park where there is the possibility to buy food if you don't want bring a packed lunch.

**Finish:** Colinton Village by about 3:00pm. There are 7 buses an hour from the Rustic Cottages bus stop (Numbers 10, 16 & 45 for the city centre and 18 for the South of the city.)

Open to everyone, of all faiths and none. For more information or to contact us please visit: [wildgeesezen.org](http://wildgeesezen.org)

To facilitate car sharing or companionable public transport, join the WhatsApp group: <https://chat.whatsapp.com/KQNUJ2kVTLIKh08iqpfwSs>. You could possibly park in Colinton and bus to the start?

