

Friends on the Path:

Sunday 23rd August

A full day of mindful hiking
along stage 1 of the John Muir Way



Dunbar to East Linton (approx. 7.5 miles)

! Fully accessible by public transport !

-meet outside Dunbar Railway Station

Our walk corresponds with the arrival of the 09:21 train service to Dunbar from Edinburgh Waverley and the departure of the 16:45 return from East Linton. Buy a day return to Dunbar and it will be valid for both journeys. Buses also run regularly to both places.

To facilitate car sharing or companionable public transport, join the WhatsApp group here:
https://chat.whatsapp.com/KQNU12kVTLIKh08iqpfwSs?mode=gl_t

We will walk in togetherness as a community - sharing Noble Silence as we enjoy the clifftops of Dunbar, the John Muir Country Park and the beautiful River Tyne.

Breaks and lunch will not be in silence - please bring a packed, plant-based lunch, plenty of water and snacks to sustain yourself through the day

Open to everyone, of all faiths and none. For more information or to contact us please visit: wildgeesezen.org

